04/28/2023: Cybersecurity

Cybersecurity is an important aspect of our daily lives, especially with the rise of digital technology. As we become more reliant on the internet, the threat of cyber attacks and scams is also increasing. Unfortunately, online scams can result in numerous issues for consumers, including bank account compromise, identity theft, and monetary loss.

Below are some basic cybersecurity measures that can help prevent you from falling victim to popular scams and stay safe online.

- **Use Strong Passwords:** Always use a unique and strong password or passphrase for each of your online accounts. Avoid using the same password across multiple accounts and avoid using passwords that could easily be guessed by fraudsters like "123456" or "password."

- **Multi-Factor Authentication:** Multi-factor authentication (MFA) is an extra layer of security that requires you to provide multiple forms of identification, such as a code sent to your phone or email, security questions, and biometrics, in addition to your password.

- **Beware of Phishing Emails:** Phishing emails are designed to trick you into revealing personal information or downloading malicious software. Always check the sender's email address carefully and never click on links or download attachments from unknown sources. Do not trust contact information contained in emails, as fraudsters often send spoof emails in hopes that you will call them using a phone number they provide. Always visit company websites directly to obtain official contact information when necessary.

- **Keep your software up to date:** Regularly update your operating system, anti-virus software, and web browser to ensure that you have the latest security patches and updates.

- **Be Cautious on Social Media:** Be mindful of the information you share on social media. Cybercriminals can use information like your full name, date of birth, and location to steal your identity.

- **Avoid Public Wi-Fi:** Public Wi-Fi networks are often not secure, and hackers can easily intercept your data. If you need to use public Wi-Fi, use a reputable virtual private network (VPN) to encrypt your data and protect your privacy.