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ity	State	Zip
hone	Age	Gender
hirt Size		

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official to my ability to safely complete the run. I assume all risks associated with running this event, including but not limited to falls, humidity, traffic and the conditions of the road. All such risks being known and appreciated by me and having read this waiver, I release River to River runners and its race officials, the municipalities through which the race is run, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that during the race, bicycles, baby strollers, animals, roller skates, roller blades, scooters and head-sets will not be allowed.

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